

# ***SOCCKER FITNESS FOR WOMEN***

*Sponsored by Haverford Twp. Recreation*

**7 consecutive weeks –  
Starting October 20<sup>th</sup> – Dec. 1<sup>st</sup>, 2009**

**TUESDAYS, 6:45 to 8:00 P.M.  
at CHESTNUTWOLD SCHOOL GYM**

***Classes run by JORGE SEVERINI***  
*Haverford High Boys Varsity Soccer Coach*

A new combination of soccer and fitness exercises to keep you in shape while introducing you to a series of soccer moves, fun games, and a better understanding of the game. No previous soccer experience necessary. Ideal for parents who have children playing the sport.

Refreshing, attractive, unique! Designed and taught by Haverford High School soccer coach Jorge Severini, founder and director of World Class Soccer School. Jorge is a US Soccer licensed national soccer coach.

*For info call: Jorge Severini at* **610-449-3640**

*or Register at the Hav. Rec. Dept.:* **610-446-9397**